Choose the best possible definition for each word.

1. The ANA was formed to foster high standards for nursing. Foster means:
   A. Adopt
   B. Promote the growth and development of
   C. Borrow
   D. None of the above

2. Young adults can also be rewarded by success in their career endeavors. Endeavors means:
   A. Serious, determined effort
   B. Trials
   C. Failures
   D. Successes

3. Young adults must adapt to new experiences. Adapt means:
   A. To challenge
   B. To reform
   C. To make fit
   D. To change

4. In middle age, changes in physical abilities signify the beginning of another life stage. Signify means:
   A. Reverse
   B. Be a sign of
   C. Speed up
D. Slow down